

Student Name: _____

Exploration Part 2: Lived Experience Spotlight

Hilary Dagg's Story:

One Small Decision: How a Normal Night Changed Everything

Student Instructions: Throughout these lessons, you'll hear real stories from people who have personal experiences related to substance use. These stories are shared in their own words and offer insight into how substance use can affect people's decisions, experiences, and lives. As you listen, approach each story with empathy, respect, and an open mind. Avoid making assumptions or judging others based on their experiences. Remember that everyone's experiences are unique, and it is important to discuss them using respectful, non-stigmatizing language.

Watch Hilary's story as a class. As you listen, think about the different factors that influenced her decision to take the shortcut home. Consider what may have affected her decision-making in that moment and how she could have used the FACE decision-making model to navigate the situation.

After the video, your teacher will lead a class discussion using the questions provided.



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How do you think Hilary FACED the situation?**FEEL**

1. What feelings may have influenced Hilary's decision to separate herself from the group?
2. What feelings may have influenced Hilary's decision to take the shortcut?

ASSESS

3. What factors may have influenced Hilary's decision to take the shortcut?
4. What other choices could Hilary have considered before taking the shortcut?
5. What risks could Hilary have considered, and how might alcohol have affected her ability to recognize them?

CHOOSE

6. What would be a safer choice in this situation considering the alternatives?"
7. What actions could Hilary's friends have taken to prevent or reduce the harm experienced in this situation?

EVALUATE

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8. Looking back, what might Hilary have done differently at any point earlier in the evening, before she decided to take the shortcut?
9. What choices did Hilary make throughout the evening to try to keep herself safe?
10. What can we learn from Hilary's story about how alcohol and other factors can influence decision-making?