

Student Name: _____

FACE Scenarios

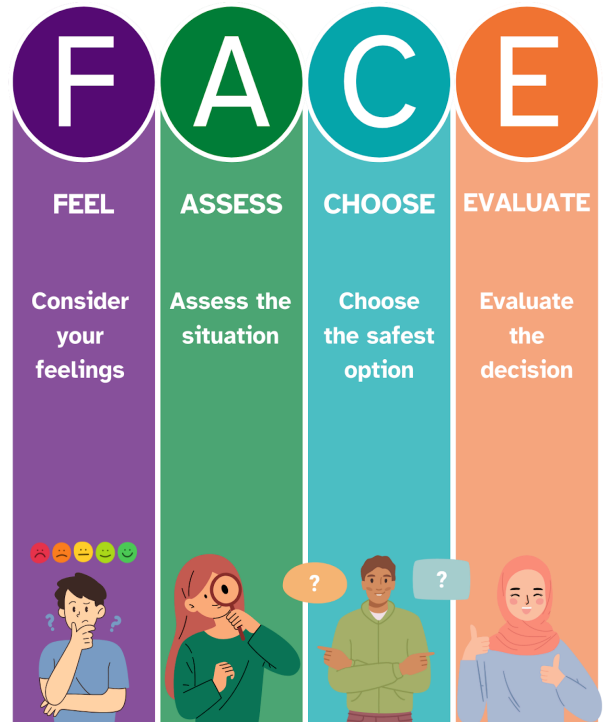
Scenario 1: Lola - A Dangerous Mix

A couple nights after Lola began taking new prescription medications for her anxiety and depression, she went to a house party and had a few coolers. She cannot remember much the next morning, but her best friend finally told her that she was acting very “sloppy” and not herself. Lola is feeling embarrassed and does not want to go back to school Monday morning.

How should Lola FACE this situation?

FEEL:

1. How do you think Lola was feeling when she couldn't remember what happened at the party?
2. How do you think Lola felt when her friends told her how she was acting?



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ASSESS:

3. Why do you think Lola got more drunk than she usually does during this party?

CHOOSE:

4. Lola is nervous about going to school on Monday morning. What are some healthy ways she can manage this nervousness?

EVALUATE:

5. What do you think Lola can learn from this experience?