

Quiz-Quiz Trade

Each student is given a question card. Students circulate the room and pair up with a classmate. Students quiz each other by reading the question on their cards, then sharing the answer. (Quiz-Quiz). Students then exchange cards. (Trade). At the signal, they move and pair up with a different classmate.

Question 1 Name as many of the “Four C’s” of substance use disorder as you can.	Question 2 What are some factors that can influence the development of a substance use disorder?
Question 3 What is another common term for substance use disorder?	Question 4 How is substance use a spectrum?
Question 5 Where would taking a <u>prescription as instructed by a doctor</u> fit on the substance use spectrum?	Question 6 What is tolerance?

Question 7 What is withdrawal?	Question 8 Symptoms like headache, nausea, muscle aches, anxiety, and sleep changes may indicate that a person is experiencing _____.
Question 9 Name two symptoms of cocaine addiction.	Question 10 What are some mental harms of cocaine addiction?
Question 11 What are some physical harms of cocaine addiction?	Question 12 After using a substance repeatedly, a person may need to consume larger amounts of the substance to experience the same effect. This is called _____.
Question 13 What are some symptoms of cocaine withdrawal?	Question 14 Name two symptoms of alcohol use disorder.

Question 15 What are some effects of alcohol use disorder?	Question 16 How can alcohol use disorder affect the brain?
Question 17 Name three symptoms of alcohol withdrawal.	Question 18 Name two symptoms of cannabis use disorder.
Question 19 What are some negative effects of heavy cannabis use?	Question 20 How might increased tolerance affect a person's cannabis use?
Question 21 What are some symptoms of cannabis withdrawal?	Question 22 Describe three signs of nicotine addiction.

Question 23 How might nicotine affect someone who does not use it regularly?	Question 24 Name 3 harms associated with nicotine addiction.
Question 25 Name 3 signs of nicotine withdrawal.	Question 26 Name 2 long-term effects of methamphetamine addiction.
Question 27 What are some symptoms of methamphetamine withdrawal?	Question 28 What are 2 signs of ecstasy addiction?
Question 29 Name 2 health problems related to ecstasy addiction.	Question 30 Name 2 symptoms of ecstasy withdrawal.

Question 31

What brain chemical is affected by ecstasy?

Question 32

Why might someone who regularly uses ecstasy not experience the same “high” they used to?