

## Quiz-Quiz Trade

Each student is given a question card. Students circulate the room and pair up with a classmate. Students quiz each other by reading the question on their cards, then sharing the answer. (Quiz-Quiz). Students then exchange cards. (Trade). At the signal, they move and pair up with a different classmate.

<p><b>Question 1</b></p> <p>Name as many of the “Four C’s” of substance use disorder as you can.</p>	<p><b>Question 2</b></p> <p>What are some factors that can influence the development of a substance use disorder?</p>
<p><b>Question 3</b></p> <p>What is another common term for substance use disorder?</p>	<p><b>Question 4</b></p> <p>How is substance use a spectrum?</p>
<p><b>Question 5</b></p> <p>Where would taking a <u>prescription as instructed by a doctor</u> fit on the substance use spectrum?</p>	<p><b>Question 6</b></p> <p>What is tolerance?</p>

<p><b>Question 7</b></p> <p>What is withdrawal?</p>	<p><b>Question 8</b></p> <p>Symptoms like headache, nausea, muscle aches, anxiety, and sleep changes may indicate that a person is experiencing _____.</p>
<p><b>Question 9</b></p> <p>Name two symptoms of cocaine addiction.</p>	<p><b>Question 10</b></p> <p>What are some mental harms of cocaine addiction?</p>
<p><b>Question 11</b></p> <p>What are some physical harms of cocaine addiction?</p>	<p><b>Question 12</b></p> <p>After using a substance repeatedly, a person may need to consume larger amounts of the substance to experience the same effect. This is called _____.</p>
<p><b>Question 13</b></p> <p>What are some symptoms of cocaine withdrawal?</p>	<p><b>Question 14</b></p> <p>Name two symptoms of alcohol use disorder.</p>

<p><b>Question 15</b></p> <p>What are some effects of alcohol use disorder?</p>	<p><b>Question 16</b></p> <p>How can alcohol use disorder affect the brain?</p>
<p><b>Question 17</b></p> <p>Name three symptoms of alcohol withdrawal.</p>	<p><b>Question 18</b></p> <p>Name two symptoms of cannabis use disorder.</p>
<p><b>Question 19</b></p> <p>What are some negative effects of heavy cannabis use?</p>	<p><b>Question 20</b></p> <p>How might increased tolerance affect a person's cannabis use?</p>
<p><b>Question 21</b></p> <p>What are some symptoms of cannabis withdrawal?</p>	<p><b>Question 22</b></p> <p>Describe three signs of nicotine addiction.</p>

<p><b>Question 23</b></p> <p>How might nicotine affect someone who does not use it regularly?</p>	<p><b>Question 24</b></p> <p>Name 3 harms associated with nicotine addiction.</p>
<p><b>Question 25</b></p> <p>Name 3 signs of nicotine withdrawal.</p>	<p><b>Question 26</b></p> <p>Name 2 long-term effects of methamphetamine addiction.</p>
<p><b>Question 27</b></p> <p>What are some symptoms of methamphetamine withdrawal?</p>	<p><b>Question 28</b></p> <p>What are 2 signs of ecstasy addiction?</p>
<p><b>Question 29</b></p> <p>Name 2 health problems related to ecstasy addiction.</p>	<p><b>Question 30</b></p> <p>Name 2 symptoms of ecstasy withdrawal.</p>

**Question 31**

What brain chemical is affected by ecstasy?

**Question 32**

Why might someone who regularly uses ecstasy not experience the same “high” they used to?