

Student Name: _____

Exploration: FACE Scenarios

Scenario 5: Riley's Family Worry

Riley recently noticed that one of their family members has been acting differently lately. At dinner over the last few weeks, they've seemed spacey, and sometimes their eyes are red and they smell like cannabis.

Riley wants to help, but they don't know how to bring it up. Riley is afraid their family member will get angry or brush them off. Riley also feels unsure if it's even their place to say something. Riley feels torn between wanting to support their family member and worrying that speaking up might make things worse.



How could Riley FACE this situation?

FEEL

1. How do you think Riley may be feeling in this situation?

2. Who else might have feelings about their family member's substance use?

2. How could Riley communicate their concern if they decide to speak to the family member?

EVALUATE

1. What are the potential consequences of Riley's choice?