

Curious About Cigarettes

Ally notices that an adult left a pack of cigarettes on the kitchen counter. They are curious and want to take a cigarette from the pack. What should they do?

Use the FACE Decision-Making Model to help them make the safest decision.



Feel

1. How might Ally feel in this situation?

2. Why might they feel this way?

Assess

3. What are some reasons people do or do not smoke cigarettes?

4. What does smoking cigarettes do to the body?

Choose

5. What is the safest choice Ally can make?

Evaluate

6. What can they do instead of taking a cigarette?

7. What can Ally do if they tried the cigarette?

8. How can Ally protect themselves from second-hand smoke?