

Activity 1: “Is This a Medication?”

Discuss with your group and indicate with a check mark whether you think the following is an example of a medication or not.

	Yes	No	Not sure
Cough Syrup 			
 Allergy Medication			
Band-Aids 			
 Hand Sanitizer			
Fever Medication 			
Coffee and Tea (Caffeine) 			
 Candy			
Asthma Inhaler 			
 Prescription Antibiotic Cream			
Lotion from a drug store 			

Activity 1: “Is This a Medication?”

Discuss with your group and indicate with a check mark whether you think the following is an example of a medication or not.

	Yes	No	Not sure
 <p>Sunscreen</p>			
<p>Pain Medication</p> 			
 <p>Toothpaste</p>			
<p>Nicotine in Cigarettes</p> 			
 <p>Insulin injection</p>			
<p>Vaccine</p> 			
 <p>Eye drops for infection</p>			
 <p>Medicated cream</p>			
<p>Lip balm</p> 			

Evaluate

8. What could Aaron learn from this choice?

7. How can Amara communicate her choice to her friend?

Evaluate

8. Who could Amara talk to about the choice she made?

EpiPens

Jimmy and his friend Ravi are having a sleepover at Jimmy's house. Ravi, who has a peanut allergy, mentions that he forgot his EpiPen at home. Jimmy's family is planning to have snacks for the sleepover, but they don't plan to include any peanuts. Ravi doesn't want to call his guardian and is not concerned because he won't be eating peanuts. Even though there are no peanuts planned, Jimmy is worried because Ravi's EpiPen is important in case of an emergency. What should Jimmy do? Use the FACE Decision-Making Model to help him decide:



Complete the following questions:

Feel

1. How would Jimmy feel in this situation?

2. Why would Jimmy feel this way?

3. Who else might have feelings about this situation?

Assess

4. What are Jimmy's choices?

5. How could this choice affect Jimmy and others?

Choose

6. What is the safest choice Jimmy can make?

7. How can Jimmy communicate his choice to his friend?

Evaluate

8. Who could Jimmy talk to about the choice he made?

Side Effects

Wong has a sore throat and is taking a new prescription antibiotic that their doctor prescribed. After taking the medication for a few days, they notice a rash on their belly. Wong's guardians have gone out for the evening and there is a babysitter at home. Wong doesn't want to bother the babysitter and is thinking about putting some cream on the rash before going to bed. What should Wong do? Use the FACE Decision-Making Model to help you decide:



Complete the following questions to help you make your decision.

Feel

1. How might Wong feel in this situation?

2. Why would Wong feel this way?

3. Who else might have feelings about this situation?

Assess

4. What are Wong's choices?

5. How could this choice affect Wong and others?

Choose

6. What is the safest choice Wong can make?

Evaluate

7. Who could Wong talk to about the choice they made?

Sharing Eye Drops

Amy is sitting on the bus with her friend Lee. Amy notices that Lee takes a bottle of eye drops out of their backpack. Amy asks Lee what the eye drops are for. Lee says that they are for allergies. Amy's eyes have been itchy lately and she wonders if using some of Lee's eye drops will help. Lee offers them some eye drops to try. What should Amy do? Use the FACE Decision-Making Model to help them decide.

Complete the following questions to help you make your decision.



Feel

1. How might Amy feel in this situation?

2. Why might Amy feel this way?

Assess

3. What are Amy's choices?

4. What factors or influences might influence Amy's decision?

5. Who can help Amy make this choice?

Choose


6. What is the safest choice Amy can make?

Evaluate

7. How would Amy's choice impact themselves and others?

Name: _____

Safe Medication Use: Looks Like Candy

	<p>Setting</p> <p>In the kitchen at your grandparents' house with your siblings.</p>
<p>Situation</p> <p>There is a bottle of brightly coloured capsules on the counter. Your little sister thinks they are candy and tries to open the bottle.</p>	<p>Question</p> <p>What safe choices could you make in this situation? Give 2 examples</p> <ol style="list-style-type: none">1.2.