

# EpiPens

Jimmy and his friend Ravi are having a sleepover at Jimmy's house. Ravi, who has a peanut allergy, mentions that he forgot his EpiPen at home. Jimmy's family is planning to have snacks for the sleepover, but they don't plan to include any peanuts. Ravi doesn't want to call his guardian and is not concerned because he won't be eating peanuts. Even though there are no peanuts planned, Jimmy is worried because Ravi's EpiPen is important in case of an emergency. What should Jimmy do? Use the FACE Decision-Making Model to help him decide:



Complete the following questions:

## Feel

1. How would Jimmy feel in this situation?
  
  
  
  
  
  
  
  
  
  
2. Why would Jimmy feel this way?

3. Who else might have feelings about this situation?

## Assess

4. What are Jimmy's choices?

5. How could this choice affect Jimmy and others?

## Choose

6. What is the safest choice Jimmy can make?

7. How can Jimmy communicate his choice to his friend?

## Evaluate

8. Who could Jimmy talk to about the choice he made?