

Student Name: _____

Sharing and Reflection: Early Substance Use



Instructions: Take a few minutes to think about what you’ve learned in this lesson. Answer the following questions. Be honest and thoughtful in your responses—there are no “right” or “wrong” answers.

Questions:

1. In your own words, what is a Substance Use Disorder (SUD), and how is it different from low-risk use?
2. How can starting to use substances at an early age affect a person’s health, brain development, and future risk of addiction?
3. What is one takeaway from this lesson that you will remember when thinking about substance use?