

Student Name: \_\_\_\_\_

## Exploration: FACE Scenarios

### Scenario 1

## Riley: Hitting the Pen - Will I Feel Better?

Riley is a Grade 8 student who loves watching movies and playing sports with their close friends. Riley's friends have recently started hanging out with a new, larger group. This has made socializing feel more stressful and overwhelming instead of enjoyable. Riley has been feeling pressure to fit in with the bigger group and went looking for ways to help with stress. While exploring social media, Riley hears an influencer explain that cannabis can help with stress, so they decide to give it a try.



They managed to get a cannabis vape pen and found that helped reduce their feelings of anxiety in social settings. Now they are using cannabis regularly and have started to lose interest in hanging out with friends at all. Riley's friends are wondering what is going on and why Riley rarely wants to hang out anymore. Riley worries their friends are disappointed and feels guilty about vaping, but they're afraid to talk about it. What should Riley do?

**How would you FACE this situation?**

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## Feel

1. How do you think Riley was feeling before they started vaping cannabis?  
How are they feeling now?
2. Who else might have feelings about Riley's situation?

## Assess

3. What are Riley's choices?
4. How could Riley's choices affect them or others?

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5. What are some ways that cannabis may be impacting Riley's health and wellbeing? What are some possible long-term effects if they continue to vape?

## Choose

6. What are some possible next steps Riley could make?

7. What are some suggestions you could make to help Riley reduce their stress and anxiety in a healthier way?

## Evaluate

8. What do you think Riley could learn from the choices they made?