

Peter and His Pop

Peter spends a lot of time hanging out with his Pop. He has been helping his Pop fix up a dirt bike after school. This has been a lot of fun for Peter because he's allowed to use tools to work on the dirt bike under his Pop's supervision. The dirt bike is a surprise birthday gift for his sibling.

Peter has always found it hard to fit in with others in his class and only has a couple of friends. Students in his class make fun of him and he doesn't understand why. This has made him feel anxious and he does not want to go to school. To help deal with his feelings, he sniffs gasoline.

Because he doesn't want his Pop to figure out that he's been sniffing gasoline, he stays in his room and plays video games. His Pop misses Peter and doesn't understand why he isn't helping him with the dirt bike anymore.

How would you FACE this situation?

Feel

How would I feel in this situation?

Why would I feel this way?



When have I felt like this before?

Assess

What are some reasons why people choose to use inhalants?

What are some reasons why people choose to NOT use inhalants?

How can inhalants be harmful?

Choose

What is the safest choice I can make in this situation?

What are some other choices you could make?

Evaluate

How could my choice impact myself or others?

Who could I talk to about my choice?

What would I do if I was feeling down or stressed?