

1 Spoonful or 2?

Aaron is at home with his teenage sister and is feeling sick. This video provides an opportunity for classroom discussion on medication dosage, the importance of following medication labels or instructions from a trusted adult, and safe storage of medication.

Watch the [Video 1: 1 Spoonful or 2](#) and reply to the following questions.



Feel

1. How would I feel in this situation?

2. Why would I feel this way?

3. Who else might have feelings about this situation?

Assess

4. What are my choices?

5. How could this choice affect me and others?

6. Who can help me make this choice?

Choose

7. What is the safest choice I can make?

Evaluate

8. What did I learn from my choice?