

# Sharing Eye Drops

Amy is sitting on the bus with her friend Lee. Amy notices that Lee takes a bottle of eye drops out of their backpack. Amy asks Lee what the eye drops are for. Lee says that they are for allergies. Amy's eyes have been itchy lately and she wonders if using some of Lee's eye drops will help. Lee offers her some eye drops to try. What would you do if you were in Amy's situation? Use the **FACE Decision-Making Model** to help you decide.

Complete the following questions to help you make your decision.



## Feel

1. How would I feel in this situation?

2. Why would I feel this way?

## Assess

3. What are my choices?

4. What factors or influences might influence my decision?

5. Who can help me make this choice?

## Choose

6. What is the safest choice I can make?

## Evaluate

7. Who would my choice impact myself and others?