

# EpiPens

Jimmy and his friend Ravi are having a sleepover at Jimmy's house. Ravi, who has a peanut allergy, mentions that he forgot his EpiPen at home. Jimmy's family is planning to have snacks for the sleepover, but they don't plan to include any peanuts. Ravi doesn't want to call his guardian and is not concerned because he won't be eating peanuts. Even though there are no peanuts planned, Jimmy is worried because Ravi's EpiPen is important in case of an emergency. What would you do if you were in Jimmy's situation? Use the FACE Decision-Making Model to help you decide:



Complete the following questions to help you make your decision.

## Feel

1. How would I feel in this situation?

2. Why would I feel this way?

3. Who else might have feelings about this situation?

## Assess

4. What are my choices?

5. How could this choice affect me and others?

## Choose

6. What is the safest choice I can make?

7. How do I communicate my choice to my friend?

## Evaluate

8. Who could I talk to about the choice I made?