



Empowering Youth to
DECYDE

Grade 4, Lesson 1: Safe Use of Medications

Activity 3: Would you rather?

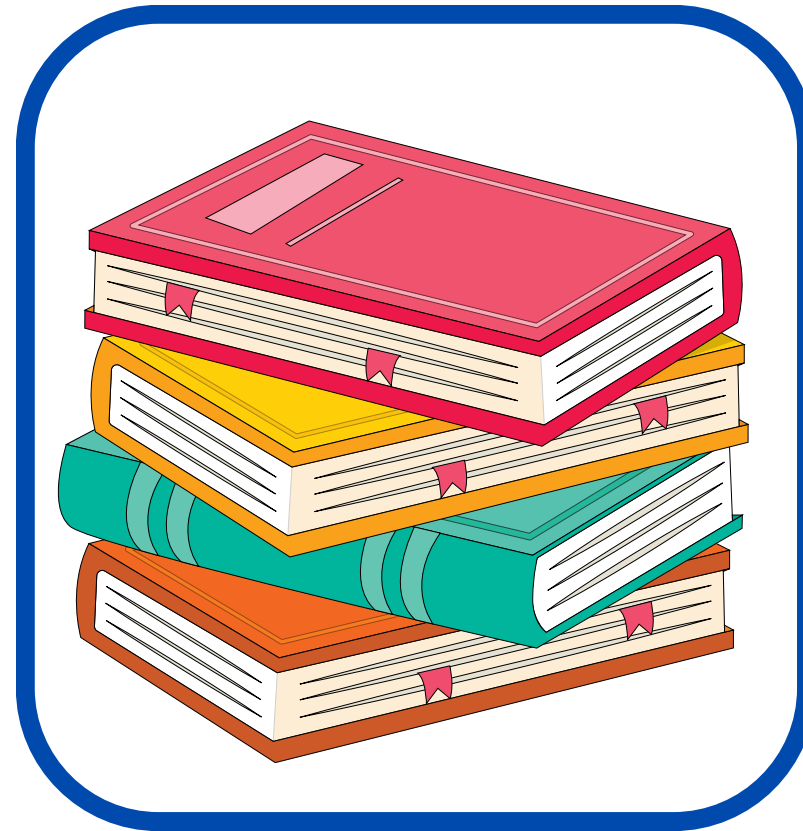
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Would you rather?

It's a rainy day
and you have
to stay inside.

Would you
rather:



A) Read a book



B) Watch a movie

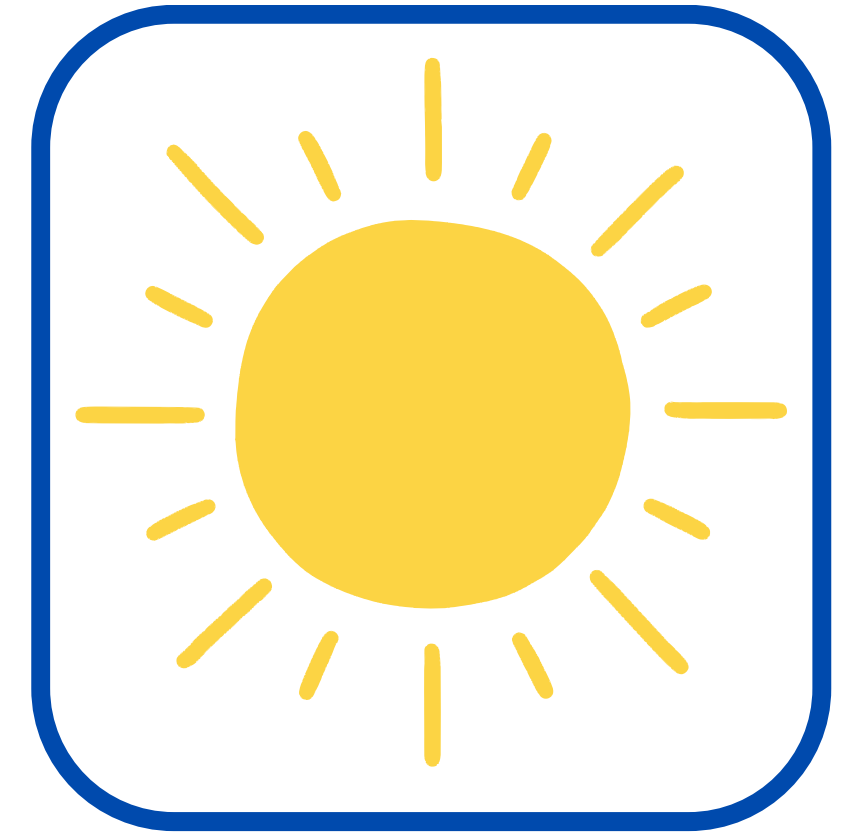
Would you rather?

Imagine you could pick the weather for the whole year.

Would you rather it be:



A) Winter all year



B) Summer all year

Would you rather?

If you could have a superpower, would you rather be able to:



A) Fly



B) Be invisible

Would you rather?

You feel sick
and need advice
on what to do.

Would you
rather listen to:



**A) Your parent or
guardian's advice**

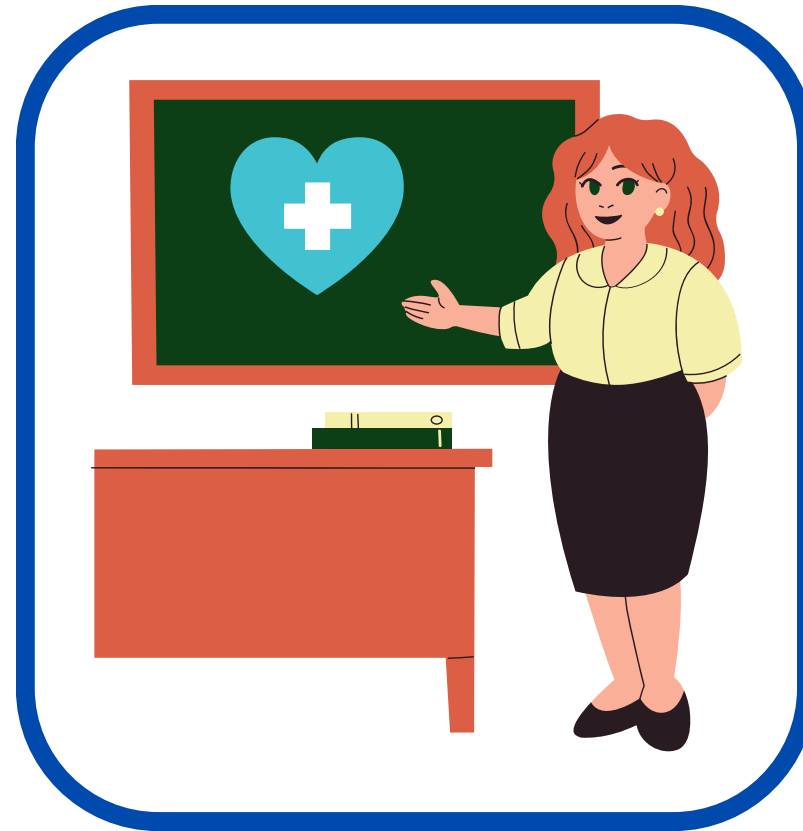


**B) Your sibling's
advice**

Would you rather?

You are at school and have a headache that keeps getting worse.

Would you rather:



A) Ask your teacher to call home



B) Wait until you get home

Would you rather?

You have a bad cough and need to take medicine.

Would you rather take:



A) A pill medicine



B) Liquid medicine

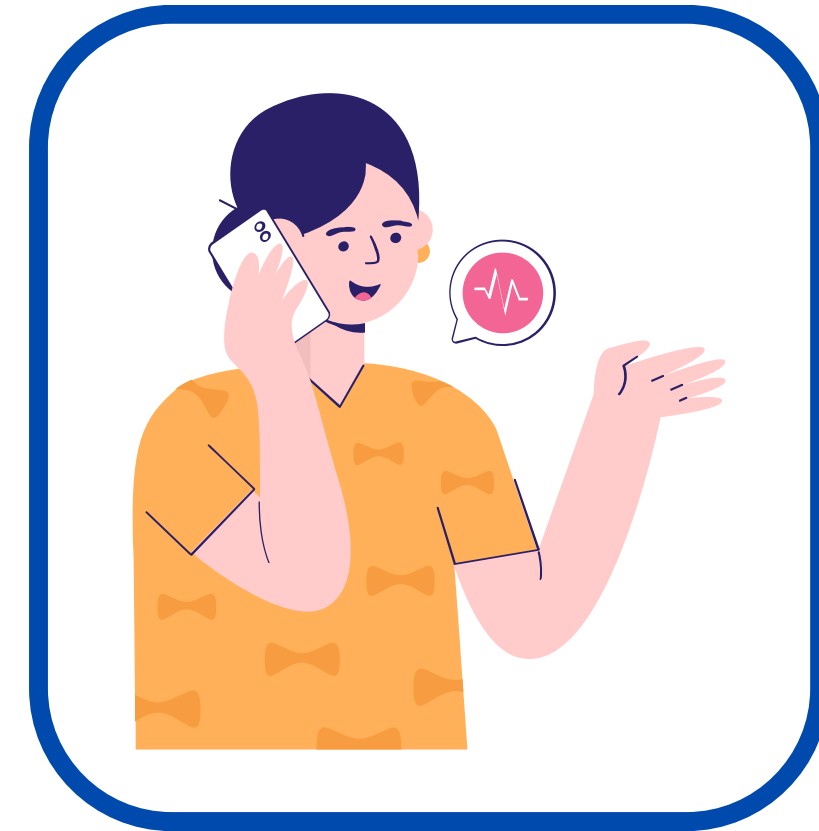
Would you rather?

You are at your friend's house for a sleepover. It is bedtime and you are not tired. Your friend offers you some of their melatonin they take to help them sleep.

Would you rather:



A) Use your friend's melatonin



B) Call your parent to ask permission

Would you rather?

Your guardian is busy, and you are packing to go to your friend's cabin for the weekend. You need to take your medication with you.

Would you rather:



A) Wait for your guardian to help you



B) Try to figure it out by yourself

Would you rather?

Your doctor says you need to take a vaccine to stay healthy.

Would you rather:



A) Take the vaccine



B) Not take the vaccine

Would you rather?

You are about to take your medicine at home after playing outside.

Would you rather:



A) Wash your hands before taking it



B) Not wash your hands

Would you rather?

You need to take your fever medicine, but you're not sure how much.

Would you rather:



A) Follow the instructions on the medicine bottle



B) Guess how much to take

Would you rather?

You are feeling unwell and need medicine.

Would you rather use:



A) Medicine that a doctor gives you



B) Medicine you find around the house