

What is DECYDE?

DECYDE (Drug Education Centred on Youth Decision Empowerment) is a **drug education and awareness strategy** created by an interdisciplinary research team at Memorial University.



MISSION

To provide evidence-based, trauma-informed, substance use education and resources with a focus on prevention and harm reduction for youth, educators, and guardians.



VISION

To empower youth to make safe and informed choices regarding their substance use health.

DECYDE Materials



Teacher Resources

- **Lesson plans** (Gr. 4-9) aligned with NL health curriculum.
- **Substance Snapshots** provide information summaries about a particular substance.
- **Evidence-based educator resources** provide information on topics related to harm reduction, substance use, and stigma.
- **Educational videos** support delivery of lesson plans.



Public Resources

- **Substance Snapshots** provide information summaries about a particular substance.
- **Harm reduction resources** that share information on topics like naloxone, substance use, and stigma.
- A list of **Supportive Resources** available locally and nationally.



Research & Engagement

- **Public engagement** including events, activities, and advisory panels
- **Presentations** at conferences, educational events, schools and research symposiums
- **Publications** in academic journals, websites and media
- **Research summaries and reports**

FACE Decision-Making Model

Feel **A**ssess **C**hoose **E**valuate

The **FACE decision-making model** is an evidence-based and follows a harm reduction and social-emotional approach. All DECYDE lesson plans incorporate FACE to help students feel empowered to make safer decisions when faced with substance use and mental health-related situations.

How would you **FACE** this situation?



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