

NALOXONE

WHAT YOU NEED TO KNOW

What is it?

Naloxone reverses opioids



Naloxone is a medication that temporarily reverses the effects of opioids.

It only works for about **30 minutes**, so it's important to call 911 for help after giving someone naloxone.

Examples of opioids include fentanyl, morphine, codeine, hydromorphone. Keep in mind that other drugs may be laced with opioids.

To learn more about opioids, see our [Opioid Substance Snapshot](#)

Where can I get a kit?

Free Naloxone Kits are available in distribution sites throughout Newfoundland and Labrador. You may also be able to get one at a pharmacy.

To find a location near you, **call 811** or find the list of sites at

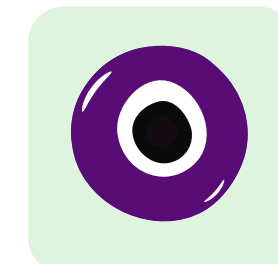


www.health.gov.nl.ca/health/naloxonekits

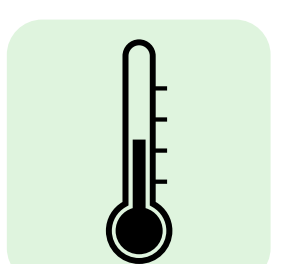
Overdose Signs



Unconscious



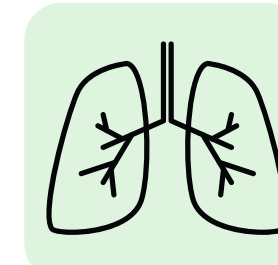
Pinpoint pupils



Cold and clammy skin



Gurgling or snoring



Slowed breathing



Difficulty walking or talking

Are there any harms?

No!

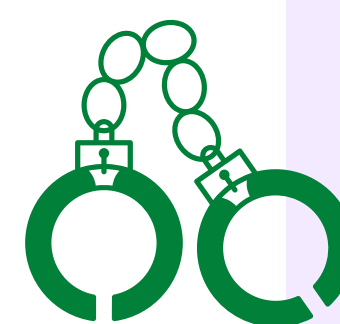
You won't harm someone by giving them naloxone if they haven't used opioids.

Naloxone may put the person into withdrawal. This doesn't cause any long lasting harm.

Other drugs are often laced with opioids.
Always give naloxone just in case!



Can I get in trouble?



You may have protection!

Overdoses fall under the the **Good Samaritan Act**

What does this mean?

You can't be charged for crimes related to the **simple possession** of controlled substances, including violating parole and probation.

There's limitations

The Act does not provide protection for **outstanding warrants, drug trafficking and production.**

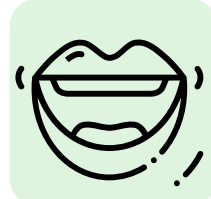


Using SAVEME During an Overdose

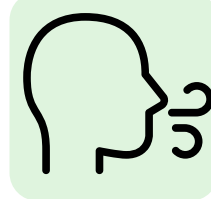
Stimulate



Airway



Ventilate



Evaluate



Medicare



Evaluate



Stimulate

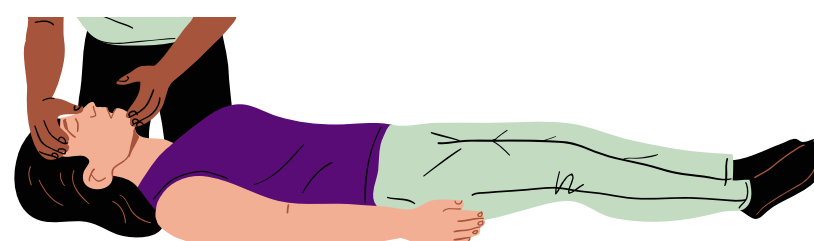
Do they have signs of an **opioid overdose**?



Can you wake the person up?
If they're unresponsive, **call 911!**

Airway

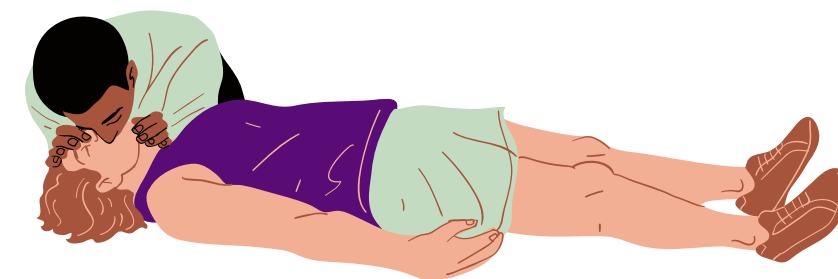
Make sure airways are **open!**



Tilt the head back
If there's anything in their mouth, **remove it**

Ventilate if they're not breathing!

Give **1 breath** every **5 seconds**



Plug their nose and **tilt the head back** before giving breaths

Evaluate

If they're breathing, put them in the **recovery position**



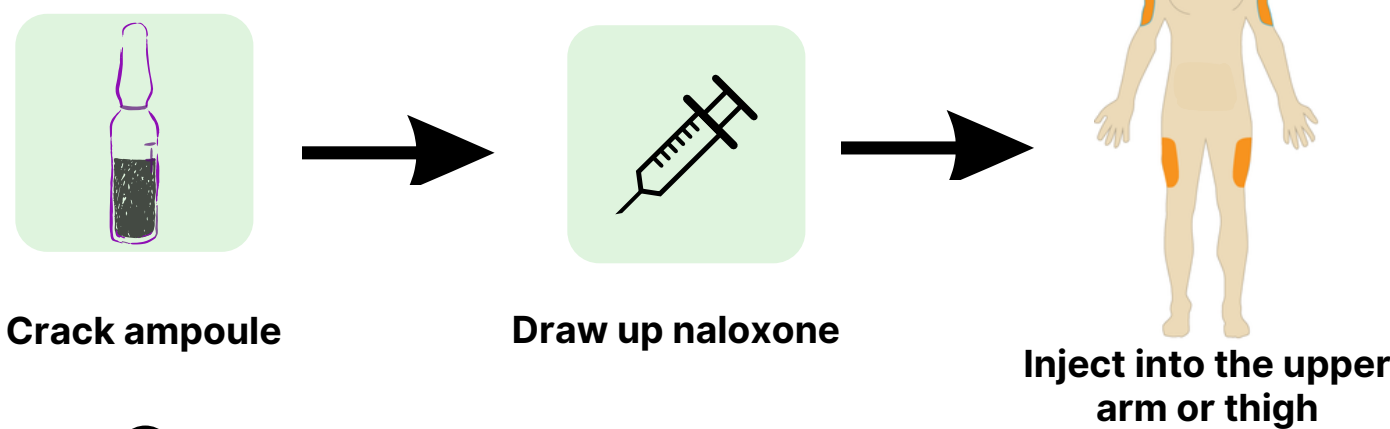
If they still have signs of an overdose, **proceed to give naloxone!**

Medicare

Do you have **nasal** or **injectable** naloxone?

Injection

Nasal



OR



For a video on using injectable naloxone, [click here!](#)

For a video on using nasal naloxone, [click here!](#)

Evaluate

Monitor the person until the ambulance arrives

Give another dose of naloxone if they're still not breathing after **2-3 minutes**.
If necessary, you may need to give a 3rd dose.

Don't leave the scene



Don't let them "sleep it off"



Don't make them vomit



Don't let them use more drugs



Don't put them in the shower



References

1. Canadian Pharmacists Association. (2023). *How to Give Naloxone*. https://www.pharmacists.ca/cpha-ca/function/utilities/pdf-server.cfm?theFile=/cpha-on-the-issues/NaloxoneInfographic_English.pdf
2. Government of Canada. (2023). *About the Good Samaritan Overdose Act*. <https://www.canada.ca/en/health-canada/services/opioids/about-good-samaritan-drug-overdose-act.html>
3. Provincial Opioid Dependence Treatment Centre of Excellence. (n.d.). *Overdose and Naloxone*. <https://www.gov.nl.ca/covid-19/files/Overdose-and-Naloxone-May-13-2022.pdf>
4. Western Health. (n.d.). *FAQ Take Home Naloxone Kits - Newfoundland and Labrador: Frequently Asked Questions*. <https://westernhealth.nl.ca/uploads/CSI%20Media/FAQ%20Take%20Home%20Naloxone%20Kits%20NL.pdf>
5. Stolbach, A., Hoffman, R.S. (2023). *Acute Opioid Intoxication in Adults*. UptoDate. Retrieved on 03 Aug 2023 from https://www.uptodate.com/contents/acute-opioid-intoxication-in-adults?search=naloxone&rank=1&usage_type=default&anchor=H14&source=machineLearning&selectedTitle=3-148&display_rank=1#H14.

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