

1 Spoonful or 2?

Aaron and his older sister Jade are home alone. Aaron has been feeling sick for a couple days and has been taking medicine to help him feel better. His mom always gets his medicine for him but she is at the grocery store. Jade tells Aaron to go find his medicine and **take 2 spoonfuls**. He finds a basketful of medicine, and he picks out the one he thinks his mom has been giving him. The label reads: **children 10-11 take 1 spoonful**. What should he do?



Feel:

1. How would I feel in this situation?

2. Why would I feel this way?

3. Who else might have feelings about this situation?

Assess:

4. What are my choices?



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5. How could this decision affect me and others?

6. Who can help me make this decision?

Choose:

7. What is the safest choice I can make?

Evaluate:

8. Who can I talk to about my decision?

9. What did I learn from my decision?

10. What decision would I make in the future?
